

**ANGER-AGGRESSION-VIOLENCE ASSESSMENT**  
**CONFIDENTIAL REPORT**

**NAME:** Ms. Jane Doe  
**AGE :** 42      **GENDER:** Female  
**EDUCATION/GRADE :** High School Graduate  
**MARITAL STATUS :** Married

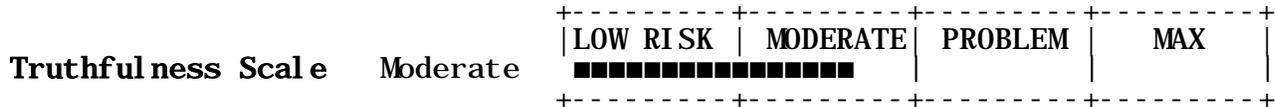
**LAST 4 DIGIST OF SSN:** 1234  
**ETHNICITY/RACE :** Caucasian  
**DATE OF BIRTH :** N/A  
**DATE AAVA SCORED:**04/13/2022

Anger-Aggression-Violence Assessment (AAVA) results are confidential and should be considered working hypotheses. No diagnosis or decision should be based solely upon AAVA results.

**Self-Reported History**

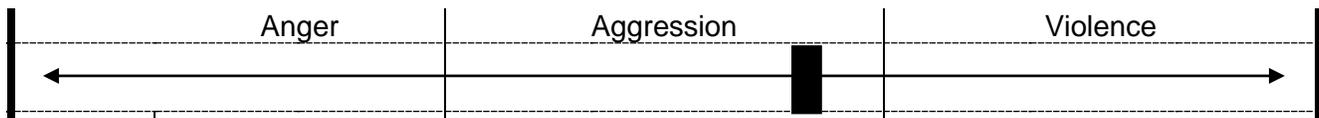
Number of DUI/DWI arrests:.....0      Age of first arrest:.....0  
Number of alcohol-related (not DUI/DWI) arrests:....0      Number of assault arrests: .....0  
Number of drug-related (not DUI/DWI) arrests:.....0      Number of domestic violence arrests:.....1  
Attendance at anger-mgmt. classes:..... Yes      Counseling for anger, aggression or violence:..... No

**Scales (Domains)**



Ms. Doe's Truthfulness Scale score is in the **moderate risk** range, which means her Truthfulness Scale score is within the acceptable range. Ms. Doe is aware of why she was being evaluated, and this awareness contributed to her cautious and prudent answers. Although some defensiveness and guardedness is apparent an established pattern of recalcitrance and evasiveness is not evidence. That said, Ms. Doe's scale scores are accurate and can be used in formulating his treatment plan. These accurate scales include the Anger, Aggression, Violence, Alcohol, Drug and Stress Management (coping abilities) scales.

**Triad Scale: Anger-Aggression-Violence**



**Triad Scale**

The Triad (Anger-Aggression-Violence) Scale is conceptualized as a single emotional continuum in which "anger" can increase and become "aggression," which can increase and evolve into "violence." Violence is a more severe emotion than aggression, which is more severe than anger. In other words, when an individual scores in the low aggression range, that score is more severe than a high anger score. Similarly, a low violence score is higher or more severe than a high risk Aggression Scale score.

Ms. Doe's Triad (Anger-Aggression-Violence Assessment) Scale score is in the **moderate** aggression range, which means she would benefit from outpatient counseling. Two popular therapies are: Applied Behavior Analysis (ABA) which enhances a patient's social acceptance and quality of life by teaching positive behaviors that replace aggression and Cognitive Behavior Therapy (CBT) which can be used by individuals or in group counseling settings. Without counseling or treatment Ms. Doe's aggression will likely worsen. Carefully review Ms. Doe's other Alcohol, Drug and Stress (Coping) Management scale (domain) scores, as co-morbidity would complicate her treatment program. For background, there is no psychiatric diagnosis for aggression in the Diagnostic and Statistical Manual of Mental Disorders, 5<sup>th</sup> Edition (DSM-5).



**SUPPLEMENTAL INFORMATION**

**Truthfulness Scale**

Upon completion of a self-report test the question is always the same, "Was the client (offender or patient) truthful when answering questions?" The Anger-Aggression-Violence Assessment (AAVA) Truthfulness Scale helps answer that question. Client (patient, offender) truthfulness has been associated with positive treatment outcome (Barber, et al, 2001). Denial accompanies lack of accountability and resistance (Simpson, 2004). Problem minimization has also been linked to lack of treatment progress (Murphy & Baxter, 1997), treatment dropout (Evans, Libo & Hser, 2008), and recidivism (Nunes, et al, 2007; Grann & Wedin, 2002). Research shows that truthfulness is an important factor in diagnosis, treatment and recidivism. Research citations are available on [www.anger-aggression-violence.com](http://www.anger-aggression-violence.com).

**Significant Items**

Ms. Doe's Anger-Aggression-Violence Assessment (AAVA) answers are unusual in that he did not trigger any (or very few) "Significant Items." For background, "significant items" are direct admissions or unusual answers. Ms. Doe's AAVA answers indicate he has no, or very few, anger-aggression-violence concerns. His AAVA Truthfulness Scale score should answer the question "Is Ms. Doe into massive denial?" If so, consider a "brief intervention" which involves 15 to 30 minutes of direct face-to-face staff-client (patient/offender) discussion, then retest. That said, significant items can provide added insight into a client's situation and needs. As a general rule, the fewer significant items the less severe-related problems.

**Impulsiveness**

Ms. Doe's Impulsivity (or impulsiveness) Scale score is in the **low risk** range, which means she is not usually an impulsive person. For background, there is some disagreement regarding the definition of impulsiveness. We use Wikipedia's (2015) definition, "Impulsiveness is a tendency to act on a whim, displaying behavior characterized by little or no forethought, reflection, or consideration of the consequences." Research has linked impulsiveness with disruptive behaviors, criminal offenses and patient's decision making. That said, Ms. Doe is not an impulsive person.

COMMENTS: \_\_\_\_\_  
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STAFF MEMBER SIGNATURE

\_\_\_\_\_  
DATE

**AAVA RESPONSES**

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1- 50 FTTFTTTFFF FFFFFFFFT FTTTTTFTT FTTFFFTFF FTTFFTTF  
51-100 FFFFFFFFT TFFTFTFF FFFFTFTTT TTF311232 1213322131  
101-135 3211313233 2123243141 4424424444 41434